



Emerging Women's Leadership Intensive

The EWLI is a women's only leadership development program designed for emerging talent looking to expand their leadership roles, influence and capabilities

*We are offering the EWLI once again this spring in **Jackson, WY, April 8- 10, 2019***

Our vision is to create an interactive and supportive community of women developing their leadership potential. We are committed to fostering a learning environment that offers play, theory, creativity, reflective practice, and practical application, which engages learners and pushes their learning edges. Graduates will have increased their situational and self-awareness, expanded their leadership "toolkit," and applied their new leadership competency in real life work situations.

Outcomes for program participants:

- Ability to apply leadership learning to real time professional situations
- Understanding of personal tendencies from which to effectively lead others
- Increased self- awareness and recognition of behavior choice points
- Knowledge & application of conflict styles, decision-making models, leading with emotional intelligence, communication tools, and collaborative processes
- Access to a structured approach for leading high functioning teams
- A personal toolkit of situational leadership approaches
- A peer network to support ongoing leadership development
- *See the next page to hear directly from EWLI participants about their learning!*

Program logistics:

The EWLI is an intensive, interactive program that includes:

- **2.5-day in-person session, April 8- 10. Hansen Hall, St John's Episcopal Church, Jackson WY**
 - 8:30am- 4:30pm Monday and Tuesday
 - 8:30am- Noon Wednesday
- A small cohort size of 12-20 participants
- 360 Emotional Intelligence Assessment, measuring participants emotional-social intelligence via their own self-evaluation and from the people who work around them
- One individual coaching session post-intensive, to further integrate leadership learning
- Structured peer mentoring & networking opportunities

Ideal program participants are:

- Stepping into new or expanded leadership roles at work and aim to increase competency and confidence from which to lead
 - Open to being playful, reflective, engaged and present members of a learning community
 - Enticed by an all-women's learning environment that will provide opportunities to discuss the challenges that women face in leadership roles
 - Interested in leadership coaching, professional networking and informal mentoring opportunities
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What participants of past Emerging Women's Leadership Intensives have to say:

EWLI provides the perfect mix of theoretical and practical. Both Kat and Allison are enthusiastic about their own learning and understanding of how neuroscience relates to behavior change and leadership. They provide the theoretical framework for leadership concepts and then suggest practical behaviors that participants can "try on" to see what works. As a result of providing multiple options for ways to change behavior and reach goals, I have found strategies that are working for me to make an impact on my organization's growth and development. As an early employee in a rapidly growing and changing organization, I use the knowledge and strategies I learned at EWLI daily to provide leadership to both individuals within the organization as well as the culture and personality of the organization itself. Before EWLI, I was struggling to find the confidence and tactics to insert myself and my skills into the daily operations of my organization. The practical behavior modifications I learned at EWLI allow me to thrive and grow within the confines of my role and situation and have led to lasting positive impacts both for myself and for those around me.

---Angie Rutherford, Engagement Manager, commonFont

EWLI couldn't have come at a better time in my professional world. Minutes after our final session, I stepped into a difficult conversation with a new employer who I feared was undervaluing what I had to offer in my new position. Due to the skills and ideas that I had accumulated at EWLI, I was able to methodically and confidently step my way through the conversations that ensued. A week later I had not only resolved the issue, but I was proud of the way I had conducted the conversations and prouder of my new-found ability to stand up for my own self-worth and what I believed to have been an injustice. Since EWLI I have been able to negotiate my personal and professional relationships with more strategy, empathy and patience.

---Olivia Wheeler, High School Math Teacher

I received concrete tools to take back and apply in a supervisory capacity, which were immediately helpful. I learned a lot about myself as a leader and how I am seen in my current role, which was incredibly beneficial to me, to understand my strengths and weaknesses. From my coaching calls, I really got to hone in on some personal challenges and questions and have a deeper understanding of my future path as a leader. The EWLI group was amazing; smart, funny, insightful and Jere and Allison are rock stars. This course helped me immediately put both my strengths and new tools into action.

---Jordan Schultz, Development Director, Summit Community Care Clinic

I attended the EWLI to work on creating highly functioning teams within my organization. I left with tools to work toward this and more. Allison and Jere created an amazing space in which we were able to work together to develop and practice new leadership skills. I was able to take information from the workshop and immediately implement ideas specific to my team that were developed in breakout sessions. I also used techniques from EWLI to hear feedback from my team with curiosity and an open mind. I was thrilled to be able to spend this time focusing on leadership and find myself consistently going back to our conversations and the tools that we practiced to help me problem solve issues within my team. On top of all of this, I was connected with another EWLI participant in a peer mentoring relationship after the workshop and we now meet on a monthly basis to help continue the conversation and growth.

---Kristen Brown, Senior Admission Officer, NOLS World Headquarters

The EWLI leadership course gave me some of the most important learning tools I have in running my pizzeria with up to 45 employees at a time. And as a bonus, the skills I gained I am able to put to a positive use in other relationships, particularly with my family! I truly enjoyed the course and am grateful for the guidance.

---Miga Rossetti, Owner, Pizzeria Caldera

Program cost:

\$680 program tuition. Covers in- person session, EQI 360 assessment (valued at \$225), one individual coaching session post-intensive and all program materials. Meals and other related travel costs are not included in tuition.

Program Facilitators:

Allison Bergh & Kat Smithhammer, of *Leadership at Play*, will be the program facilitators, coaches, and thought partners for the EWLI. These women met at the National Outdoor Leadership School, where they each led multi day wilderness skill courses for many years. They developed their individual leadership styles while adventuring on rivers, oceans and in the mountains with clients ranging from astronauts to high school students to wildland firefighters.

Kat and Allison started *Leadership at Play* in 2010 to share their passion for adult learning and to help individuals and teams embrace their learning edges. They bring their sense of adventure, playfulness and commitment to integrity with them into the classroom, ensuring that their learning environments are engaging, dynamic and individually- focused. A sampling of *Leadership at Play* clients in the past year include NASA administrators, Wharton Business School students, non- profit executive directors and staff, Grand Teton National Park leadership and Vail Resorts ski patrollers.

Kat holds a M.A. in Leadership and Training (Royal Roads University), B.Ed. (Queen's University), a B.A. (Trent University) and recently completed master certification with Integral Coaching Canada. Allison attended University of Vermont and holds a B.A. and completed coaching training from Coach U.

For more information or to enroll in the intensive, please contact:

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